



CONVERSION CHART

<i>your mama's measurements</i>	
dash/pinch	1/8 tsp
splash	1-5 drops
scant	just barely, slightly less than
heaping	filled over the top
level	even with top, filled and leveled with a straight edge
glug	1/4 cup

<i>liquid measurements</i>		
1 Tbsp	1/2 fl oz	3 tsp
2 Tbsp	1 fl oz	1/8 cup or 6 tsp
1/4 cup	2 fl oz	4 Tbsp
1/3 cup	2 2/3 fl oz	5 Tbsp + 1 tsp
1/2 cup	4 fl oz	8 Tbsp
2/3 cup	5 1/3 fl oz	10 Tbsp + 2 tsp
3/4 cup	6 fl oz	12 Tbsp
1 cup	8 fl oz	16 Tbsp
1 pint	16 fl oz	2 cups
1 quart	32 fl oz	2 pints
1 gallon	128 fl oz	4 qts



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