



PANTRY MUST HAVES

oils: extra virgin olive oil, vegetable oil or canola oil, cooking spray

stocks: chicken & beef broth, bouillon

canned tomatoes: whole, diced, pureed, sauce, paste

sweeteners: granulated sugar, powdered/confectioner's sugar, brown sugar, corn syrup

baking: active dry yeast, all-purpose flour, baking powder, baking soda, chocolate chips/cocoa powder, cornmeal, cornstarch, oatmeal, pure vanilla extract, almond extract

dried herbs: basil, bay leaves, cilantro, dill, parsley flakes, oregano, rosemary, sage, thyme

spices: salt, black pepper, cinnamon, cloves, ground ginger, ground nutmeg, dried mustard, paprika, red pepper flakes, chili powder, cumin, garlic powder, onion powder

condiments: honey, ketchup, mustard, mayonnaise, peanut butter, soy sauce, white vinegar, worcestershire sauce

dry goods: dried pastas, rice, beans

